



# MEALS AND DINNERS

Nos vemos en Vips®

From 1:00 pm to closing time

Caldo tlalpeño





## BEVERAGES

### Fruit drinks

Ask about the available flavor

Glass 360 ml/172 Cal

Glass carafe 500 ml/230 Cal

### Bottle of water

600 ml/Calorie free

Ciel Purified

### Lemonade or orangeade

Glass 360 ml/199 Cal

Glass carafe 500 ml/373 Cal

### Soda\* Refillable/99 Cal

Coca-Cola without sugar, Original Coca-Cola,

Coca-Cola Light, Sprite, Mundet and Fanta

**Glass carafe soda\*** 500 ml/88 Cal

★ **Topochico** (carbonated water, 355 ml)\*

**Can of soda\*** 355 ml

Coca-Cola without sugar (Calorie free), Original

Coca-Cola (149 Cal), Coca-Cola Light (Calorie

free), Sprite (71 Cal), Mundet (71 Cal), Fanta (71

Cal), Ciel Mineral water (Calorie free)



\*Subject to availability. Refillable soda and carafe soda they do not apply in stores that do not have a vending machine.



Limonadas  
Strongbow



## VIPS® LEMONADE

Mineral or natural

**Pepino** 420 ml/450 Cal

With cucumber pieces, sprinkled with lemon and chilli powder

**Arándanos** 420 ml/370 Cal

With cranberries and lemon

**Strongbow Red berries\*** 330 ml/580 Cal

With strawberries and a hint of mint

**Strongbow Honey\*** 330 ml/310 Cal

With apple, honey, and a hint of mint



\*These drinks contain alcohol  
Sale to minors is not allowed.

## ALCOHOLIC BEVERAGES

### Cervezas\*

XX Lager 325 ó 355 ml

Tecate 325 ml

Tecate Light 325 ml

Heineken 0.0 250 ml

### Cervezas especiales\*

Bohemia 355 ml

Bohemia Oscura 355 ml

Heineken 330 ó 355 ml

Heineken Silver 355 ml

For \$24 more ask for a michelada beer

**Sangría Vips®\*** 500 ml/420 Cal

With red wine, apple, melon, and pineapple



\*It applies only in restaurants with an alcohol sales permit. Its sale to minors is prohibited. Excessive consumption of alcoholic drinks is injurious to health. Avoid excessive consumption.



## APPETIZERS

**Guacamole** 160 g/451 Cal  
With pork rinds, tortilla chips,  
and fresh cheese

**Plato mixto** 1286 Cal  
Molletes (opened bread with beans),  
sincronizadas (flour-tortilla sandwich),  
fried cheese tacos, and huarachito  
(fried corn dough base with toppings)

## SOUPS

**Sopa o crema del día** 270 ml/177 Cal

**De fideo con jamón** 270 ml/160 Cal

 **De verduras** 270 ml/60 Cal

 **Especial Vips®**  
Broth with noodles and chicken

Regular                  Half  
500 ml/110 Cal        350 ml/50 Cal

  **Caldo tlalpeño**

With Mexican rice, chicken, avocado,  
Oaxaca cheese, and chipotle

Regular                  Half  
500 ml/320 Cal        350 ml/220 Cal

 **De tortilla**

With Oaxaca cheese, avocado, pasilla  
chilli, pork rinds, sour cream, and cheese

Regular                  Half  
500 ml/630 Cal        350 ml/450 Cal

## SALADS

  **Del Chef con pechuga  
marinada**

160 g / 482 without dressing / 580 with dressing

Mix of lettuces with grilled chicken  
breast, ham, american cheese, boiled  
egg, avocado and tomato

  **Caribeña**

547 without dressing / 700 with dressing  
Grilled marinated chicken  
breast 160 g, peach, strawberries,  
and orange dressing

Plato mixto



Guacamole



Del Chef con  
pechuga marinada



# MEXICAN SPECIALTIES

## Tacos clásicos 3 pzas. / 920 Cal

Mixture of steak, bacon, and onion; served with grilled nopal and cambray onions



## Tacos dorados de pollo

4 pzas. / 873 Cal

With sour cream, cheese, green and red sauce; served with guacamole, and refried beans

## Huarache Vips® 970 Cal

Huarache (fried corn dough base with toppings) Beefsteak 120 g, with red, green and Mexican style sauce, with pork rinds bits, sour cream, and cheese



## Enchiladas de mole 3 pzas. / 920 Cal

Stuffed with chicken bathed in mole sauce, sour cream, cheese, red onion, with sesame, and white rice



## Enchiladas suizas 3 pzas. / 920 Cal

Chicken bathed in Suiza sauce (non-spicy), Au gratin with Gouda cheese, served with refried beans

## Tostadas de pollo guisado

3 pzas. / 680 Cal

Stewed chicken tostadas with avocado, tomato, sour cream, and cheese



## Molletes Vips® 4 pzas. / 1110 Cal

Opened bread sandwich with beans. Au gratin with Gouda cheese, served with Mexican-style sauce.



Huarache Vips®



Enchiladas suizas

ADD:



Ham  
(40g)



Bacon  
(2 pieces)



Chorizo  
(20 g)



# CHICKEN



## Pechuga parrilla al limón

220 g/610 Cal

Lemon chicken breast with french fries, Panela cheese, and grilled tomatoes

## Pechuga mixteca

220 g/1910 Cal

Chicken breast with mole sauce, fried plantain, Mexican rice, and sour cream



## Milanesa tradicional

220 g/830 Cal

Breaded chicken with French fries and guacamole

## Milanesa hawaiana

220 g/1420 Cal

Breaded chicken with Gouda cheese, ham and pineapple; served with Cambay potatoes with garlic, and a tomato and lettuce salad



Pechuga mixteca



Milanesa hawaiana



## STEAK

**New York Grill** 270 g/1290 Cal

With French fries and a half grilled sweet corn



READY AT  
THE MOMENT

Arrachera norteña



**Carne asada** 120 g/819 Cal

Beef steak served with fried cheese tacos, cambray potatoes with garlic, nopal, and grilled panela cheese

**Arrachera norteña** 200 g/738 Cal

Skirt steak with grilled chorizo, grilled panela cheese, cambray onions, and guacamole

**Milanesa Tampico** 120 g/1080 Cal

Breaded beef served with green enchiladas, beans, and guacamole

## FISH

**Filete de tilapia**

**a la plancha o empanizado**

150 g/727 Cal

Grilled or breaded fish with white rice, broccoli, and Chipotle dressing

★ **Pescado al ajillo** 150 g/639 Cal

Garlic fish served with white rice and salad

★ **Tacos Baja** 3 pzas./850 Cal

Battered fish tacos, with salsa macha (a smoky, spicy, nutty sauce made of fried dried Chipotle chiles) dressing and served with coleslaw



★ **Pescado en salsa consentida**

150 g/660 Cal

Grilled fish bathed in a green creamy sauce with a touch of herbs. Served with white rice and beans

Tacos Baja





# SANDWICHES

Includes 200g of French fries\*



## Vips® club 1010 Cal

Slices of a special type loaf bread  
3 pieces with ham, chicken, American  
cheese, bacon, tomato, avocado,  
and lettuce



## Deli Vips® 1645 Cal

Beef steak, serrano ham, and Gouda  
cheese, served with a fried egg, on  
traditional bread and in a dressing of  
mayonnaise-sriracha.



## Dorado crispy 1420 Cal

Grilled chicken breast with a touch of  
Chipotle, au gratin with Gouda  
cheese, onion rings, and salsa macha  
(a smoky, spicy, nutty sauce made of fried  
dried Chipotle chiles) on rustic bread.



## Sandwiqueso 1779 Cal

Gouda and American cheese with  
ham. On a special bread, in a  
dressing of Basil Pesto and salsa  
macha (a smoky, spicy, nutty sauce made of  
fried dried Chipotle chiles) mayonnaise.



## Grilled Pavo y Panela Vips®

1725 Cal

Grilled vegetables served with panela  
cheese and turkey breast ham,  
caramelized onion with Basil Pesto  
on a cibatta bread.

\*Portion before cooking.



Vips® Club



Deli Vips®



Sandwiqueso



# PEPITOS

With French fries  
Regular 200 g of fries  
Half 100 g of fries



## Pepitos Vips® de arrachera

Regular/120 g/1480 Cal

Half/60 g/580 Cal\*

With flank steak, guacamole,  
and chipotle

## Pepitos Vips® de milanesa

Regular/160 g/1320 Cal

Half/80 g/800 Cal

With breaded chicken steak,  
guacamole, and chipotle

## Philly con queso 1430 Cal

Breaded strips with onions and  
peppers au gratin with  
onion-based beef, gratin  
with Gouda cheese

\*Portion before cooking.

## Pepitos Vips® de arrachera



## Philly con queso



The images of saucers are illustrative.



# HAMBURGUERS

With french fries \*

1/4 of pound 100 g of fries  
Traditional 200 g of fries



## Vips® clásica con queso

American cheese, tomato,  
and mayonnaise

1/4 of pound 110g/910 Cal

 Traditional 150g/1240 Cal

## Champions

Mushrooms au gratin with  
gouda cheese, avocado, and  
chipotle dressing

1/4 of pound 110g/930 Cal

Traditional 150g/1220 Cal

## ★ Doble tocino

Beef au gratin with Gouda cheese  
and 2 stripes of bacon

1/4 of pound 110g/1000 Cal

Traditional 150g/1370 Cal

ADD:



Ham  
(40g)



Bacon  
(2 pieces)



Gouda  
cheese  
(40g)



pine-  
apple  
(50g)

\*Portion before cooking.



Vips® clásica  
con queso



Champions



Doble  
tocino



## COFFEE AND TEA

### Americano o descafeinado Vips®

300 ml/refillable / Calorie free

**Espresso** 45 ml/Calorie free **NESCAFÉ**

**Espresso cortado** 60 ml/26 Cal

**Cappuccino** 420 ml/200 Cal

**Cappuccino de sabor** 420 ml

Caramel 370 Cal, vanilla 300 Cal

or hazelnut 290 Cal

**Vaso con leche** 360 ml/188 Cal  
glass of milk

**Chocolate** 420 ml/350 Cal

**Chocolate frío** 360 ml/365 Cal

**Té Flor de la Paz\*** 1 pza./400 ml/Calorie free

Pureza: Chamomile

Bienestar: Lemongrass

Serenidad: Lemon balm,  
chamomile, and lavender

Buen provecho: Lemon  
balm, lemongrass,  
chamomile, and  
white sagebrush

\*Subject to availability



FLOR DE LA PAZ  
TU SEMILLA EN EL MUNDO



## Donas



Cappuccino

## Bisquets con queso crema y fresas



## BREAD

**Bísquets con mermelada de fresa**

Regular 1084 Cal      Half 570 Cal

**Bísquets con queso crema y fresas**

Regular 1352 Cal **\$109** Half 692 Cal **\$79**



**Regular: 2 pieces cut in half**

**Half: 1 piece cut in half**

## va mi cuenta

By buying our products with a cause, you contribute to ending food poverty in Mexico.

**Dona** 1 pza.

Sugar 330 Cal or  
chocolate **\$27**

chips and  
chocolate 383 Cal **\$32**

**Paquete de 6 donas \$119**

Our bread goes with a cause, so when purchasing a piece of sweet bread (Chocolate, Apple Crisp, Croissant, package of 6 donuts and sugar, chocolate or sprinkles donut) we donate **\$1 peso per product to our Va x mi cuenta**

**DONATE OR BUY OUR PRODUCTS WITH A CAUSE!**

When you buy Pan dulce, you are helping thousands of people in food poverty have a nutritious meal every day. With this product, more than 2.5 million pesos are collected annually, equivalent to more than 70,000 nutritious meals served by the Va por mi Cuenta Movement, which is operated by Fundación Aísea, A.C. For more information, visit [www.vapormicuenta.org](http://www.vapormicuenta.org) \*Products subject to availability.



## DESSERTS AND MILK SHAKES

 **Pay helado de limón** 416 Cal

 **Cheesecake con fresas** 671 Cal

 **Pastel triple chocolate** 810 Cal  
Mixture of 3 different Turin chocolates

### Crepas bicolor

Stuffed with cream cheese, served with condensed milk, dark chocolate, and berries

Regular: Half portion:  
2 pzas. /1380 Cal 1 pza. /810 Cal

### Crepas de cajeta

Stuffed with cream cheese, cajeta (caramelized milk), and pieces of nuts, served with banana and a scoop of vanilla ice-cream

Regular: Half portion:  
2 pzas. /1180 Cal 1 pza. /670 Cal

**Malteadas** 360 ml/668 Cal  
Vanilla, chocolate, strawberry, or Cookies & Cream



Cheesecake, cake and pie prices are per slice.

Pay helado  
de limón



Cheesecake  
con fresas



**60 YEARS VIPS®**  
**FEEDING**  
**THE MEMORIES**  
**OF THE HEART**