



Chilaquiles Toluqueños



# BREAKFAST

Nos vemos en Vips®

Available from 7:00 am to 1:00 pm



## JUICE AND FRUIT

**Jugo verde** 360 ml/140 Cal

Pineapple and parsley

★ **Jugo tropical** 360 ml/160 Cal

Pineapple and guava

**Jugo de toronja o naranja o zanahoria\***

Glass 360 ml/207 Cal

Glass carafe 500 ml/288 Cal

**Copa de yoghurt Vips®** 90 Cal

With apple, blueberries, strawberries, honey, a strawberry and granola topping

**Plato de Frutas** 240g/90 Cal

Pineapple, melon and papaya

\*Subject to availability

## BEVERAGES

**Lemonade or orangeade**

Glass 360 ml/199 Cal

Glass carafe 500 ml/373 Cal

**Soda\*** Refillable /99 Cal

Coca-Cola without sugar, Original Coca-Cola,

Coca-Cola Light, Sprite, Mundet and Fanta

**Glass carafe soda\*** 500 ml/88 Cal

**Can of soda\*** 355 ml

Original Coca-Cola 149 Cal or without sugar Calorie free

or light Calorie free, Fanta 71 Cal, Sprite 71 Cal,

Sidral Mundet 71 Cal y Ciel mineral water Calorie free

★ **TopoChico** Carbonated water, 355 ml/Calorie free

**Bottle of water** 600 ml/Calorie free

Ciel Purified



\*Subject to availability. Refillable soda and bottle soda they do not apply in stores that do not have a vending machine.



Cappuccino



Pan dulce  
y donas

## COFFEE AND TEA

📍 **Americano o descafeinado Vips®**

300 ml/refillable /Calorie free

**Espresso** 45 ml/Calorie free



**Espresso cortado** 60 ml/26 Cal

**Cappuccino** 420 ml/200 Cal

**Cappuccino de sabor** 420 ml

Caramel 370 Cal, vanilla 300 Cal

or hazelnut 290 Cal

**Vaso con leche** 360 ml/188 Cal

whole, reduced-fat, or non-fat milk

**Chocolate** 420 ml/350 Cal



**Chocolate frío** 360 ml/365 Cal

**Té Flor de la Paz\*** 1 piece/400 ml/Calorie free

Pureza: Chamomile

Bienestar: Lemongrass

Serenidad: Lemon balm,

chamomile, and lavender

Buen provecho: Lemon balm,

lemongrass, chamomile, and

white sagebrush



\*Subject to availability

## BREAD

**Bisquets con mermelada de fresa**

Regular 1084 Cal / Half 570 Cal

**Bisquets con queso crema y fresas**

Regular 1352 Cal / Half 692 Cal



**Regular: 2 pieces cut in half**

**Half: 1 piece cut in half**

**va mi cuenta**  
Nadie más con hambre

By buying our products with a cause, you contribute to ending food poverty in Mexico.

**Pieza de pan dulce**

\*Subject to availability

Chocolate filled bread 190 Cal,

apple crisp 244 Cal,

croissant 260 Cal

**Dona** 1 pza.

Sugar 270 Cal or chocolate 280 Cal

Chips and chocolate 370 Cal

**Paquete de 6 donas**

**DONATE OR BUY OUR  
PRODUCTS WITH A CAUSE!**

When you buy Pan dulce, you are helping thousands of people in food poverty have a nutritious meal every day. With this product, more than 2.5 million pesos are collected annually, equivalent to more than 70,000 nutritious meals served by the Va por mi Cuenta Movement, which is operated by Fundación Alsea, A.C. For more information, visit [www.vaporamicuenta.org](http://www.vaporamicuenta.org) \*Products subject to availability.





## HOT CAKES AND FRENCH TOAST

### Combinado 720 Cal

Hot cakes 2 pieces. with ham, bacon, and scrambled eggs 2 pieces.

### Hot cakes tradicionales

3 pieces/460 Cal

Served with butter, strawberry jam, or honey

### Pan francés 2 reb./510 Cal

With hazelnut cream, blueberries, and strawberry

ADD  
FOR \$ 24  
MORE:



Strawberries  
(60 g)



Banana  
(100 g)



Combinado

## ALL OURS BREAKFAST ARE COMPLETE

### INCLUDES:

**Juice** 300 ml/173 Cal, orange or grapefruit or carrot  
**or fruit** 150 g/59 Cal, melon, papaya, or pineapple  
subject to availability and **black coffee**  
300 ml/Refillable/Calorie free

Change your coffee for a Flor  
de la Paz tea 1 piece /500 ml

This does not apply when ordering individual juice, beverages,  
coffee, tea, fruit, baked bread, desserts, or milkshakes.



Hot cakes  
tradicionales

The images of saucers are illustrative.



All our breakfast  
are complete includes:  
Juice or fruit and black coffee\*

## EGGS AND OMELETTES

You can order scrambled eggs instead of fried eggs


**Huevos del huerto** 3 pieces /820 Cal  
With tomato sauce, corn kernels, spinach, bell pepper, croutons, avocado, and Parmesano cheese

**Aporreado de cecina de res** 830 Cal


Scrambled eggs 2 pieces with beef jerky 60 g on beans and quesadillas made with corn tortilla with Gouda cheese

**Revueltos con croissant** 890 Cal  
Scrambled eggs 2 pieces with ham, croissant, and refried beans

**Motuleños** 845 Cal  
Fried eggs 2 pieces on tostadas (toasted tortillas) bathed in tomato sauce served with ham and with melted Gouda cheese. Fried Plantain

 **A la poblana** 388 Cal  
Scrambled eggs 2 pieces with poblano chiles and corn kernels, quesadilla and sauce made with grilled tomato, chilli, onion, and garlic

**Tirados especiales** 1100 Cal  
Scrambled eggs 2 pieces with beans and Au gratin with Gouda cheese. Served with fried plantain, grilled chorizo, green sauce, and sour cream

 **Tortilla de claras** Egg whites/294 Cal  
With spinach, mushrooms, and tomato sauce. Served with grilled nopal, and hash brown potato

**Arma tu omelette** 2 pieces /879 Cal

**Step 1**, choose a side: Hash brown potato, Cambray potato, or refried beans

**Step 2**, choose 2 stuffings: sauté spinach, mushrooms, slices of poblano pepper with corn, Panela cheese, Oaxaca cheese, Gouda cheese, ham or sausage

**Serve on a tomato sauce**

**Omelette veggie** 2 pieces/620 Cal

With bell pepper, mushrooms, served with a mix of lettuce, spinach, tomato, and Chipotle dressing

**Huevos divorciados** 587 Cal  
Fried eggs 2 pieces on tortilla with ranchero sauce and refried beans



**Rancheros** 624 Cal

Fried eggs 2 pieces with red and green sauce served with chilaquiles

**Huevo al gusto** 2 pieces/544 Cal

**\*Order scrambled, fried, or whites**

With ham, sausage, bacon, chorizo, or a la Mexicana (with onion, tomato, and chili)

Chose a side\*: refried beans (100 g) hash brown potato (200 g) or Cambray potato with garlic (200 g)

ADD:



Egg  
(1 piece)



Ham  
(40g)



Sausage  
(1 piece)



Bacon  
(2 stripes)



Chorizo  
(20 g)



**Norteños con machaca** 836 Cal

Scrambled eggs 2 pieces with shredded beef, grilled tomato sauce. Served with refried beans



Revuelto con croissant



Omelette veggie



Huevos divorciados





## CHILAQUILES VIPS®

### Norteños con machaca 890 Cal

Tortilla chips bathed in Norteña sauce, scrambled eggs with Panela cheese, sour cream, and red onion

### Suizos 560 Cal

Tortilla chips with Suiza sauce (non-spicy), & au gratin with Gouda cheese, sour cream, red onion. Served with refried beans



### Toluqueños 960 Cal

Tortilla chips with green sauce, with cheese, sour cream, chorizo, grilled chicken strips 160 g and a fried egg



### Vips® 560 Cal

Tortilla chips. Choose green or red sauce, Au gratin with Gouda cheese, sour cream and onion. Served with refried beans

### Verdes con huevo

1 pza./705 Cal

Tortilla chips bathed on green sauce, Au gratin with Gouda cheese, sour cream, red onion. Served with refried beans



### Campiranos pasilla 680 Cal

Bathed in Pasilla chile sauce on refried beans and a touch of salsa macha (a smoky, spicy, nutty sauce made of fried dried Chipotle chiles), with grilled steak (60 g), avocado, sour cream, Cambray onion rings, and crispy chili peppers.

YOU CAN  
ADD THE  
FOLLOWING  
TO YOUR  
CHILAQUILES:



Egg  
(1 piece  
155 Cal)



Chicken strips  
(80 g/ 260 Cal)



Shredded chicken  
(60 g/ 50 Cal)

## ENCHILADAS



### Enchiladas suizas 3 pieces /920 Cal

With chicken, bathed in Suiza sauce (non-spicy), Au gratin with Gouda cheese, served with refried beans

### Enfrijoladas 3 pieces /770 Cal

Stuffed with chicken with bean-base sauce, chorizo, avocado, sour cream, and cheese

### Chilaquiles suizos



All ours breakfast  
are complete includes:  
Juice or fruit and black coffee\*

### Campiranos pasilla





All ours breakfast  
are complete includes:  
Juice or fruit and black coffee\*

## LUNCH



### Del patrón 950 Cal

Beef cecina 120 g, with eggs 2 pieces,  
red chilaquiles, and refried beans

### De la hacienda 820 Cal

Chicken steak 80 g, green  
chilaquiles, and scrambled  
Mexican style (with tomato, onion and  
chili) eggs 1 piece



### Colonial 700 Cal

Chicken steak 160 g, served with beans  
and two huarachitos (fried dough base  
with toppings) with red and green sauce

### Mexicano 898 Cal

Grilled beef 120 g red chilaquiles and  
2 molletes (opened bread sandwich with  
beans)



### Molletes universitarios

4 pieces /1110 Cal

Opened bread sandwich with beans,  
Au gratin with Gouda cheese, served  
with Mexican style sauce

ADD:



Ham  
(40g)



Bacon  
(2 tiras)



Chorizo  
(20 g)



Molletes  
universitarios

## SANDWICHES

Add french fries 200g\*



### Vips® club 1010 Cal

Slices of a special type of bread  
3 pieces with ham, chicken, American  
cheese, bacon, tomato, avocado,  
and lettuce; served with french fries



### Deli Vips® 1645 Cal

Beef steak, serrano ham, and  
Gouda cheese, served with a fried  
egg, on traditional bread and in a  
dressing of mayonnaise-sriracha.



### Dorado crispy 1420 Cal

Grilled chicken breast with a touch of  
Chipotle, au gratin with Gouda  
cheese, onion rings, and salsa  
macha (a smoky, spicy, nutty sauce made  
of fried dried Chipotle chiles) on rustic  
bread.



### Sandwicheso 1779 Cal

Gouda and American cheese with  
ham. On a special bread, in a  
dressing of Basil Pesto and salsa  
macha (a smoky, spicy, nutty sauce  
made of fried dried Chipotle chiles)  
mayonnaise.



### Grilled pavo

### y panela Vips® 1725 Cal

Grilled vegetables served with  
panela cheese and turkey breast  
ham, caramelized onion with  
Basil Pesto on a cibatta bread.

\* Prior to cooking

Cymbal images are illustrative.



Deli Vips®



Dorado crispy

Sandwicheso






## DESSERTS AND MILKSHAKES

 **Pay helado de limón** 416 Cal

 **Cheesecake con fresas** 671 Cal

 **Pastel triple chocolate** 810 Cal  
Blend of three Turin chocolates

### Crepas bicolor

Stuffed with cream cheese, served with condensed milk, dark chocolate, and berries

Regular: Half:  
2 pieces /1380 Cal 1 piece /810 Cal

### Crepas de cajeta

Stuffed with cream cheese, cajeta (caramelized milk), and pieces of nuts, served with banana and a scoop of vanilla ice-cream

Regular: Half:  
2 pieces /1180 Cal 1 piece /670 Cal

**Malteadas** 360 ml/668 Cal

Vanilla, chocolate, strawberry or Cookies & Cream



Cheesecake, cake and pie prices are per slice.

Crepas de cajeta



Pay helado de limón



Cheesecake con fresas



**60 YEARS VIPS®**  
**FEEDING**  
**THE MEMORIES**  
**OF DE HEART**

